



2019 Community Leader Sports Award



Girls on the Run Buffalo

Girls on the Run Buffalo is a non-profit organization dedicated to creating a world in which every girl “knows and activates her limitless potential and is free to boldly pursue her dreams”. Founded in 2010 the organization uses fitness and health, open and honest dialogue, and social bonding to help girls and young women develop the character, connections, and confidence they need to be caring, successful, and strong leaders in the community.

Girls on the Run is a program where trained coaches teach girls, from 3rd to 12th grade the skills they’ll need to navigate the world and develop a lifelong appreciation for health and physical fitness. The program was designed to address the many social pressures and conflicting messages that girls and young women are confronted with on a daily basis. By bringing girls together from all backgrounds and walks of life, bonding them, connecting them, and helping them to realize their strengths and capabilities, Girls on the Run empowers girls to stand up to these pressures as individuals and leaders for change.

For their work to lift up girls of all Races and identities and to foster inclusion, the NFJC is proud to present Girls on the Run Buffalo with the 2019 Community Leader Award in Sports. Accepting this award is Council Director Katie Joyce.



"...a just community begins with me!"

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