



# LEARN CPR Save a Life

## FREE, EARN-WHILE-YOU-LEARN RED CROSS CERTIFIED LIFEGUARD TRAINING SESSION

INCLUDES

**CPR CLASSES THAT TEACH  
HOW TO PROVIDE CARE FOR  
BREATHING & CARDIAC EMERGENCIES**

**JANUARY**

Saturday & Sunday / 8:30am - 5:00pm  
1/14, 1/15, 1/21, 1/22, 1/28

**CAZENOVIA POOL**

(Abbott Rd across from Mercy Hospital)

CLICK HERE TO REGISTER:

[https://www.surveymonkey.com/r/  
PALLifeguardCertification22-23](https://www.surveymonkey.com/r/PALLifeguardCertification22-23)



OR SCAN THE QR  
CODE WITH YOUR  
SMARTPHONE  
CAMERA

**\* RED CROSS LIFEGUARD  
CERTIFICATION MAKES YOU  
ELIGIBLE TO BECOME A  
BUFFALO LIFEGUARD, HELPING  
TO ENSURE CITY POOLS OPEN  
THIS SUMMER / \$20/HOUR \***