

Resources from NFJC Board Member Emily Perryman:

Many of you may find yourselves looking for education and resources to help inform your response to racism, bias, and discrimination in the U.S. It's an *incredible* first step because it indicates you are looking to listen, learn, and work for positive change.

Good research is essential.

Good research involves systematic planning and setting realistic objectives. “What subjects do I want to learn more about” or “What do I wish to accomplish?” are two great questions to ask yourself before you begin. This can help you chart your course and determine what you might be looking for and what you hope to achieve.

While the resources below are a great start, we also highly encourage you to utilize the online resources of the [Buffalo & Erie County Public Library](#). They have some [amazing programming planned](#) and a fantastic [Research | Resources section](#) on their website.

Good research and obtaining knowledge takes work, as does making positive change, so get started today and feel free to connect with us if you are interested in learning more about the mission and work of the NFJCWNY.

Children and Youth Resources

[A Large Selection of Resources for Talking with Children About Race](#)

[31 Children’s Books to Support Conversations on Race and Racism](#)

[Integrated Schools Resources](#)

[How to Talk to Your Children About Protests and Racism](#)

[Empowering Young People in the Aftermath of Hate \(In English and en Español\)](#)

[How to Talk to Kids About Racism | Racial Violence | Police Brutality](#)

[Helping Students Make Sense of News Stories About Bias](#)

[It’s Never Too Young to Talk About Race and Gender](#)

[Talking to Children After Racial Incidents](#)

[Talking to Kids About Racial Discrimination](#)

Adult Resources

[Affirming Black Lives Without Inducing Trauma](#)

[An Amazing Selection of Anti-Racism Resources for White People Including Books, Podcasts and Articles](#)

[Parents for Anti-Racism](#)